



Yogaguru Dr Mohan Karki, Author

Founder, The Yogaguru Institute

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Yogaguru Mohan is a multiple therapist with the base of yoga and naturopathy to treat all diseases with no medicine, no injection and no surgery. It is treatment with no side effects; rather it has added advantages of side benefits. Yogaguru Mohan's program of lecture cum demonstration to teach and learn the whole process of attaining holistic health is making many patients his/her own half doctor.



PROFESSIONAL ASSOCIATIONS & RESPONSIBILITIES

- **Founder - The Yogaguru Institute** - Yoga Studios in India, USA, Canada, Nepal & Argentina - Est. 2007
- **Founder** - Bhagwan Sewa Ashram, Udaypur, Nepal - Est. 2016
- **Patron** - Women Health Research Foundation Trust - Est. 2017
- **Yoga Head - PQMS - PRCB for Yoga Certification Board (YCB), Ministry of AYUSH, Govt. of Bharat** from 28 August 2018



@ Mohan Yoga School



@ Mohan_Yoga_School



@ The Yogaguru



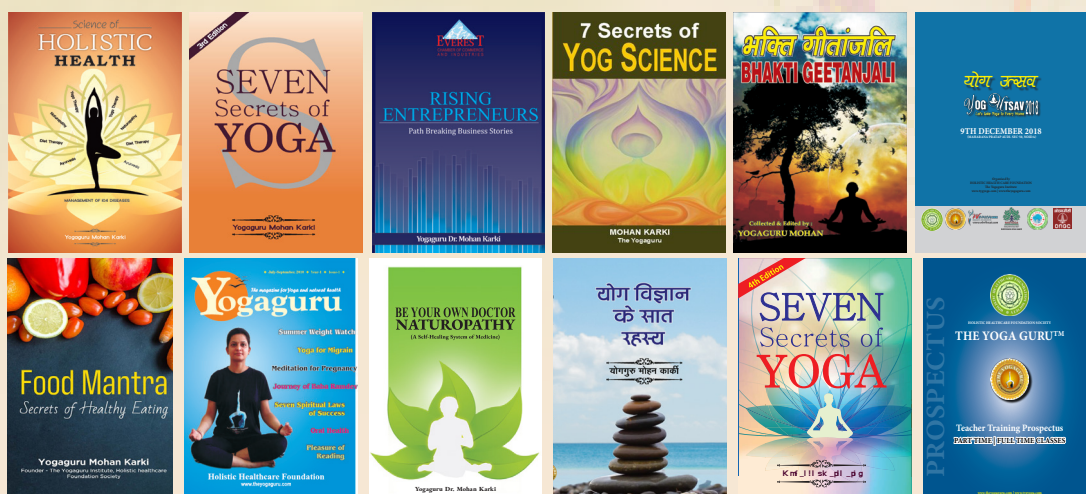
@ Mohan Kumar Karki

- **Lead Examiner - Quality Council of India (QCI)** for Yoga examinations - Since December 2017
- **Visiting Faculty for Yoga & Naturopathy- Reserve Bank of India**, Parliament Street, New Delhi from July 2017 to till now
- **Visiting Faculty- Indian Oil Corporation, Regional Centre, Yusuf Sarai, Green Park, New Delhi** from September-2017 to till now
- **Visiting Faculty- Delhi Development Authority- Sports Complex** (Rastriya Swabhiman Khel Parishar, Pitamura) since 2010 to till now
- **Visiting Faculty for Yoga- HCL Technologies – Noida, from 2008 to 2014**
- **Visiting Faculty for Yoga- Fluor Daniel India Pvt. Ltd- Gurugram, Haryana** from 2015 to 2018
- **Visiting Faculty for Yoga- AMDOCS DEVELOPMENT CENTRE - Gurugram,** from 2014 to 2017
- **Visiting Faculty for Yoga- KEJRIWAL GROUP OF COMPANIES – Delhi,** from 2005 to 2018
- **Visiting Faculty for Yoga- Trilegal Delhi –** from 2010 to 2013
- **Sr. Yoga Teacher – Patanjali Yog Samiti, Patanjali Yog Peeth, Haridwar** – from 2005 to now
- **Regional Coordinator- Jain Vishwa Bharati Institute** (Deemed University) Since 2015 to till now.
- **Former HOD Yoga- Fortis Hospital, Noida** (June-2008 to December- 2015)
- Former Director and HOD Training Department- Vedic Upchar Sansthan, 1st March 2004 to 31st June 2007



WRITING & PUBLICATIONS

- Author - 7 Secrets of Yoga Science | Science of Holistic Health | Food Mantra, The Secrets of Healthy Eating | Be Your Own Doctor: Through Naturopathy | Path Breaking Success Stories | Bhakti Geetanjali
- Chief Editor- Hamro Sandesh Quarterly Magazine published by Hamro Swabhiman Trust, Patanjali Yogpeeth, Haridwar
- Chief Editor- Yogaguru Quarterly Magazine, Published by The Yogaguru Institute Noida



ARTICLES WROTE & PUBLISHED

Hundreds of articles in national and international journals, magazines, newspapers etc.



RADIO AND TV PROGRAMS

- Conducted Sessions and appeared as an Yoga expert in hundreds of TV program various TV Channels viz. French 24, News24, Fashion TV, Shakti TV, Surya Samachar, Mahua TV, Sahara TV, Aastha TV, Sanskar TVetc.

- Appeared in All India Radio as yoga expert and delivered talk on Yoga, Naturopathy in numerous occasions.



YOGA SIVIR, HOLISTIC WELLNESS WORKSHOPS & TEACHERS TRAINING

Yogaguru Mohan has conducted hundreds of Holistic Wellness Workshops in various prestigious MNCs, PSU, Schools, Colleges and Universities etc. Yogaguru Mohan has appeared in various TV Programs & Radio Programs as yoga and Naturopathy expert and presented many papers in national and International seminars and conferences.

Yogaguru Mohan has organized over hundred yoga and naturopathy awareness and treatment camps, specialized memory power development training and stress-management training at national and international level.

He trained over 2000 plus Yoga Teachers who are teaching globally viz. USA, Canada, France, UK, Australia, Japan, China, Vietnam, Dubai etc. and trained over 100 Naturopaths, treated over five thousands patients and spread awareness to over hundreds of thousands of people.





SOME OF THE CASE STUDIES WITH SUCCESS

Parkinson disease with other chronic problems viz. HBP and Arthritis, cured-2006, Paralysis (15 years old case at the age of 74) – 2005, Diabetic (Surgical operation avoided) – 2004, chronic asthma (12 years child suffering for 6-7 years of age) – 2003, Depression and insomnia cured (5 years old case) – 2003 spec removed – 2000..



A wards and Recognitions

- **Yog Excellence Award-2022** by International Naturopathy Organisation (INO) in Association with Ministry of Ayush Government of India in AIIMS, New Delhi, India
- **Yog Shiromani Award-2022** by Six Sigma Healthcare, Pullman Hotel, Delhi Aerocity, New Delhi, India
- **Yog Ratna Award-2019** by Veerbhasha Hindi Sahitya Peeth, Muradabad, UP, India
- **Yog Sadhak Award 2019** by Shabdaganga Shuddhi Abhiyan, Unnao, UP, India
- **Dr Babasaheb Ambedkar National Award-2018** by Vishvasakha Foundation
- **Kaushalya Gaurav Award- 2017** by Kaushalya Sewa Sansthan, Bijnor, UP, India
- **Awarded by Patanjali Yogpeeth Haridwar**, for special contribution in the Field of Yoga Education, Haridwar-2017
- **Felicited and Appreciated for contribution in the field of Yoga** by Morarji Desai National Institute of Yoga (MDNIY), Ministry Ayush, Govt. of India
- **Felicited and Appreciated for contribution in the field of Yoga** by Central Council for Research in Yoga & Naturopathy (CCRYN), Ministry Ayush, Govt. of India
- **Felicited for special contribution on Organizing Yoga Day Celebration** by International Naturopathy Organization (INO) in Association with Ministry of Ayush
- **Felicited and Appreciated for contribution in the field of Yoga** by Gurukul Kangri University, Haridwar
- **Felicited for special contribution In the field of Yoga** by Ramakrishna Charitable Trust, Lajpat Nagar, Delhi

ASSOCIATIONS

- **President**-International Naturopathy Organization (INO) Noida Since 2018 | **Advisor** - INO, Delhi NCR Since 2018
- **Advisory Board Member**- World Yoga Organization Since 2019
- **Convenor**- International Conference on Yoga Traditions and Application organized by Universal Yoga Consciousness at ICCR Bhawan, New Delhi with Support of ICCR
- **Convenor** – International Yoga Festival 2019 Organized by Navyog, Yog Sports Association Supported by Ministry of Ayush, Government of India
- **Convenor** – International Naturopathy Day Event 2019 Organized by INO & Supported by Ministry of Ayush, Government of India