

## Yogaguru Dr. Neha Vasisht

PhD | Author

President, Women Health Research Foundation Trust

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### Founder



**D**r. Neha Vasisht is a renowned women's health expert with over 20 years of experience in infertility treatment, pregnancy wellness, and holistic healing. She holds a Ph.D. in Infertility and is a visiting faculty at prestigious hospitals like Fortis, Apollo, Max, and Neelakanta, specializing in fertility treatments, reproductive health, and prenatal care.

As a trusted fertility expert, she is affiliated with StemCyte India and LifeCell, working on advanced stem cell research for women's reproductive health.

She is also a bestselling author, with books like "Infertility: An Unsolved Mystery" and "Yoga for Pregnancy", helping thousands of women achieve natural conception and healthy motherhood. .



@ dr Neha Vasisht



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@ The Yogaguru Official

### **Why Choose Dr. Neha Vasisht?**

- 20+ Years of Experience in Women's Health & Fertility
- Expert in Natural Conception & Infertility Solutions
- Founder of Women Health Research Foundation & Cofounder of The Yogaguru
- Pioneer in Vedic Conception (Alternative to IVF)
- Developed Holistic Programs for PCOS, PCOD, Hormonal Imbalance & Menopause
- Internationally Recognized Yoga & Wellness Expert

### **Transforming Women's Health with Holistic Healing & Yoga**

*Dr. Neha Vasisht is the founding member of The Yogaguru Institute*

**The Yogaguru Institute** is offering specialized yoga therapy for chronic disease management, power yoga for fitness, and corporate yoga for stress relief. Operating in Delhi & Noida, The Yoga Guru is transforming lives through scientifically backed yoga techniques.

**Women Health Research Foundation (Trust)** – A dedicated platform offering natural solutions for infertility, PCOD, PCOS, fibroids, menopause, and postnatal care.

### **Excellent Women's Health & Fertility Programs**

**Vedic Conception** – A natural alternative to IVF, enhancing fertility **naturally**

**Garbh Sanskar** – An ancient pregnancy wellness program for fetal development

**Pregnancy Yoga** – Holistic support for expecting mothers

**Postnatal Yoga** – Faster recovery & hormonal balance for new moms

**PCOS/PCOD & Hormonal Balance Programs** – Natural healing for women's wellness

**Subconscious Well-being Therapy** – Mind-body healing for emotional wellness

*Dr. Vasisht has helped thousands of women overcome infertility and experience natural, healthy deliveries!*